

ILVO – T&V
t.a.v. E. Daeseleire
Brusselsesteenweg 370
BE-9090 Melle
Belgium



GENERAL INFORMATION

Date: Thursday, September 23, 2010
Venue: Hotel Bedford, Zuidstraat 135, BE-1000
Brussels, Belgium

ROUTE DESCRIPTION



By train:

A 15 min walk from Brussels South or Central Train Station. With the underground stop at the station Anneessens and walk 5 min to the hotel.

By car: see map

REGISTRATION

Sending of registration form by fax or normal post or fill in registration form on the website <http://voeding.kvcv.be> and payment **before August 15, 2010**: 150 Euro (member KVCV)/175 Euro (non-member KVCV); **after August 15, 2010**: 175 Euro (member KVCV)/200 Euro (non-member KVCV) (VAT included).

Account number: IBAN: BE 62 4310 6849 1161,
BIC: KREDBEBB of KVCV-Voeding c/o E. Daeseleire, BE-9260 Schellebelle, Belgium

INFORMATION

Hedwig Beernaert (seminar chairman)

Beernaert.qam@skynet.be

<http://voeding.kvcv.be>

Royal Flemish Chemical
Society — Food Section



**Nutritional Sciences:
A Platform for a
Healthy Lifestyle**

ANNOUNCEMENT

**Brussels
September 23, 2010**

SCOPE AND OBJECTIVES

Because of the important impact on the health status of the population, there is a growing interest for nutritional sciences. In this regard, more attention should be paid to the availability of accurate scientific information and communication to ensure that consumers apply a healthy lifestyle.

Mainly six categories of nutrients, that the body needs to acquire from food, are involved: proteins, carbohydrates, fats, vitamins, minerals and water. Proteins supply amino acids, that are necessary to build and maintain a healthy body tissue. Fats supply energy and transport nutrients. Carbohydrates, including fibers, are the body's main source of energy and should be the major part of a total daily intake. Fibers are important for digestion and reduce the risk of colon cancer and diabetes. Vitamins and minerals are minor food substances, required by the body for regulation of metabolism and maintenance of normal growth and functioning. Finally, water helps to regulate body temperature, transports nutrients to cells, and rids the body of waste materials. During this seminar issues about nutrition policy and claims, food composition databases, manufacturing, bioavailability of nutrients, analytical techniques and epidemiology will be presented.

This 92nd activity of the KVCV– Working Group Food is organized by: H. Beernaert (chairman), R. Calders, E. Daeseleire, B. De Meulenaer, H. Deelstra, S. Laurysen I. Dirinck, M. Eeckhout, R. Senten, and G. Temmerman.

PROGRAMME

- 9.00 Registration with coffee
Chairman: Hedwig Beernaert
- 9.30 Welcome and introduction
- 9.40 **Marc De Win (Federal Public Service Health, Food Chain Safety and Environment)**
[The Belgian nutrition policy toolbox](#)
- 10.15 **Chris Moris (Belgian Food Industry Federation, FEVIA)**
[Nutritional policy of the food industry](#)
- 10.50 Coffee
- 11.20 **Bridget Benelam (British Nutrition Foundation, UK)**
[Nutrition and health claims](#)
- 11.55 **Paul Finglas (Institute of Food Research, UK)**
[The EuroFIR Food Database Platform – a key tool for nutrition and public health research in Europe](#)
- 12.30 Lunch
- 14.00 **Stefaan De Henauw (Ghent University, Belgium)**
[Nutrition and public health in Belgium: what are the main challenges?](#)
- 14.35 **John Van Camp (Ghent University, Belgium)**
[A new approach to determine the nutritional value of foods](#)
- 15.10 Coffee
- 15.40 **Wim van Dokkum (TNO Quality of Life, The Netherlands)**
[Bioavailability of minerals and trace elements: significance for nutritional health](#)
- 16.15 Conclusions

REGISTRATION FORM

Nutritional Sciences: A Platform for a Healthy Lifestyle

Brussels, September 23, 2010

Please fill in and return (fax +329/272.30.01; e-mail: els.daeseleire@ilvo.vlaanderen.be) signed before September 15, 2010 or perform online registration at the website <http://voeding.kvcv.be>.

Name:

Function:

Company/Institution:

Address:

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E-mail:

O member KVCV

(member number:))

O non-member KVCV

Will participate in the seminar and pays the sum of **150 Euro (member KVCV) or 175 Euro (non-member KVCV) (before August 15, 2010); 175 Euro (member KVCV) or 200 Euro (non-member KVCV) (after August 15, 2010) (VAT included)** on account IBAN: BE 62 4310 6849 1161, [BIC: KREDBEBB](#) of KVCV-Voeding c/o E. Daeseleire, BE-9260 Schellebelle, Belgium with mentioning of 'Nutrition'. Invoices can be obtained after payment.